

# BED BUG TRAVEL SURVIVAL KIT



## SURVIVAL TIP 1

When traveling you should carry a flash light and alcohol wipes.



## SURVIVAL TIP 2

When you check into a hotel/resort you should place your luggage in the bath tub (bed bugs on average are found 3 to 6 feet from bed) until you have inspected your room.



## SURVIVAL TIP 3

Bed bugs are about the size of a apple seed.



## SURVIVAL TIP 4

Inspection of the room must be done in order to reduce the chances of taking home bed bugs. The first place you need to check is the bed. Gently pull back the covers at the head of the bed. What you are looking for is pepper like staining or blood spots. Bed bugs love the seams on mattresses and box springs. If you see any of these signs you need to ask for another room and repeat steps. Using your flashlight do a complete inspection of head board. Again if you seen any indication that bed bugs have been present, change rooms. When removing sheets do this very gently because bed bugs do not like to be disturbed. Roll sheets from the head of the bed to the foot of the bed.



## SURVIVAL TIP 5

If you find no signs of bed bugs you can place your luggage away from the bed and up off the floor, always keep your luggage closed.



## SURVIVAL TIP 6

When leaving the room always wipe down the exterior of all luggage with alcohol wipes. When going home, do not assume that because you did not get bit or you did not find any signs that bed bugs that bed bugs were not present. Not all people are affected by bed bugs bites. When you get home, place your luggage in the garage or a building that is not attached to your home. Remove all of your clothing into bags and take one bag at a time into your home and remove clothing from the bag and place them into the washer. Repeat until all clothing has been washed and dried.



## SURVIVAL TIP 7

Protect your mattress and box spring by installing bed bug proof encasement. We do sell encasements that will protect your mattress and box spring for years to come.